



**PACS**  
OFFENDERS CAN CHANGE



**AFTERCARE**

**OFFENDERS PAMPHLET**

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# WHAT DOES AFTERCARE MEAN?

## **AFTERCARE MEANS...**

You have been released from custody by an order or license for supervision instead of continuing or completing your term in custody. The releasing organ has chosen Aftercare because it believed that Aftercare supervision will help you settle back to the community as a law abiding citizen.

Aftercare also means...

- You will remain in the community 'on supervision' for a period specified by order or license
  - If you misbehave during that time you run the risk of being arrested
  - This supervision starts immediately after order or license has been made.
  - The order or license may be cancelled or varied if you do not obey the conditions therein.
  - Supervision may entail resettlement, reintegration, empowerment and rehabilitation
  - A Probation Officer has been appointed to be your supervisor and you must cooperate with him or her during your time under supervision.
  - Order or license contains the conditions of your supervision which you must obey.
  - The Probation Officer who is in charge of your case will explain to you what you need to do and how you will serve the order or license
- An order or license may require that you go through some rehabilitation programmes.
  - Immediately after you are released from custody you must make contact with your Probation Officer who will explain the order or license to you in detail.

# WHAT DOES SUPERVISION MEAN?

## AFTERCARE SUPERVISION MEANS...

- You must maintain regular contact with your Probation Officer as agreed in the supervision plan that has been drawn up.
- You must keep your Probation Officer informed on where you are living, what sort of occupation you have and how you are maintaining yourself.
- Special instructions can be given to you during the supervision period.
- You may be required, for example, to take part in a programme to reduce re-offending or drug misuse and /or undergo treatment for drug or alcohol misuse.
- If you evade supervision an application for your arrest will be made.

## AFTERCARE SUPERVISION ALSO MEANS...

- That you can receive assistance from the responsible Probation Officer on a number of different issues connected with settling back to society after custody.
- The Probation Officer will continue the rehabilitation you received in custody
- That you can be given help and support through skills training, education, tools.
- The help as will be discussed with you during the report writing stage or at the start of your supervision when a plan for the supervision period will be drawn up between you and the responsible Probation Officer.
- If you cooperate actively in accordance with this plan, you will be helped to develop the positive sides of yourself and to avoid going back to crime.

# OBLIGATIONS AND RIGHTS

## YOUR OBLIGATIONS

### You must...

- Observe the conditions of the order or license,
- Not commit any crime,
- Actively cooperate in cleaning up your personal situation and problems, for example, deal with possible drug and alcohol abuse,
- Cooperate with your supervisor,
- Keep in contact with your supervisor without being reminded about doing so,
- Keep your supervisor informed about your residence and personal circumstances
- Look actively for work if you are unemployed,
- If in school or any other learning institution, to continue with the programme offered in the school or institution,
- Always come to the Probation Office as and when instructed.

## YOUR RIGHTS

### You have the right to...

- Take part in planning of your time under supervision,
  - Express your views about the choice of your Probation Officer,
  - Ask for a change of Probation Officer if there is a reason to request this,
  - Talk with a senior Probation Officer about your case, for example, if you think that you are not being treated properly,
  - Complain against any decision that your probation officer has made against you that you think is unpleasant and against the probation order,
  - Visit the Probation Office at agreed times for discussions, advice and support to deal with particular difficulties,
  - Demand of your Probation Officer that he/she keep to what has been agreed between you, for example concerning times for office appointment or home visits.
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